



125th year of
St. Aloysius Institutions

THE ALOYSIAN

NEWSLETTER OF ST ALOYSIUS DEGREE COLLEGE & CENTRE FOR POST GRADUATE STUDIES

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Principal's Message

LESSONS IN LEADERSHIP & ENERGY MANAGEMENT

Wishing every reader a blessed year 2025.

As Aloysian family everyone will be waiting for the New-year message. I am going to speak on Leadership and energy from within, how much are you using it?



I believe trust is a binding factor between teams, and the onus of creating an environment that is conducive for teams to flourish rests with the leader. This takes me back to the words of Mahatma Gandhi: A sign of a good leader is not how many followers you have, but how many leaders you create. Real leaders are those who trust their teams, work on their strengths and prepare a core of 'future leaders'. Leadership depends upon a person's attitude more than their educational background.

WHERE THE HEART BEATS

In times of crisis, nobody wants to see the cranial capabilities of a leader.

Instead, these moments are about managing priorities, anticipating the curveballs and displaying confidence and conscience. People do not want to see a leader who shakes in his boots and is uncertain. Like a phoenix rising from the ashes, a leader should be able to combat insurmountable challenges. This often takes me to the hymn, "We shall overcome, which became an anthem for the Civil Rights Movement in the US, offering courage and hope to people. "We shall overcome' is a motto that leaders should imbibe, especially in today's complex business world, where things are changing rapidly.

The leaders of the future must be outstandingly good human beings. They may be brilliant and from the best Institutions, but if they do not have a heart that beats at the right speed for their people, they cannot call themselves a leader. The only legacy a leader leaves behind is culture. Culture is the unspoken language that helps people act in difficult times.

IT'S ABOUT MANAGING YOUR ENERGY, NOT TIME

Ever since our school days, we have been working according to timetables. Managing time and schedules has been of paramount importance. So, thinking about managing our energy levels instead of our time is a

paradigm shift in thinking. Managing energy is not just about getting enough sleep or exercising regularly. It's about understanding how to allocate your physical, emotional, and mental re- sources to achieve optimal performance.

"We glorify long hours, on. But an unlived life drains energy, creativity, and purpose."

There are **four dimensions** of energy that employees and students need to manage.

- **Physical energy:** Maintaining physical stamina and endurance throughout the day.
- **Emotional energy:** The ability to manage emotions, build strong relationships, and maintain a positive attitude.
- **Mental energy:** The ability to focus, concentrate, and make effective decisions.
- **Spiritual energy:** The ability to connect with a higher purpose, find meaning in work, and maintain a sense of fulfilment.

Energy oscillation

"The key to managing your energy is to alternate between energy expenditure and energy recovery-our bodies and minds are built for oscillating energy use, not linear use. Focusing on energy instead of time encourages you to think about your energy use throughout the day as oscillating, with times when you're working hard in a given area and other times when you're resting."

STRATEGIES FOR MANAGING ENERGY

To manage energy effectively, employees and students can adopt the following strategies:

- **Prioritize Self-care:** Sleep well, exercise regularly, and maintain a healthy diet.
- **Take breaks:** Take regular breaks to re- charge and refocus.

- **Set boundaries:** Establish clear boundaries to maintain a healthy work-life balance.
- **Practice mindfulness:** "Rejuvenation practices like Meditation, Yoga, and Tai Chi are your secret power sources. They recharge your energy, sharpen your focus, and greatly enhance productivity, helping says Avril you achieve more without burning out."
- **Re-evaluate priorities:** Align work with personal values and priorities to increase motivation and engagement.
- **Reprogram your life style:** Set a time table from the time you rise till you go to bed, it will make you Stronger, Smarter, Sharper and Systematic persons.

Managing energy is crucial for employees and students to achieve productivity, engagement, and job satisfaction. Employees and students can unlock their full potential and drive business success by understanding the four dimensions of energy and adopting strategies to manage energy effectively. As workplaces continue to evolve, organisations need to prioritise energy management and provide employees with the tools and resources needed to thrive.

My profound thanks to the Manager and Correspondent, Rev. Fr. Antony Mahendran, for his transforming this institution, his contribution will always be appreciated. A special thanks also goes to Fr. Vinoo Fabian for his continuous guidance and support. I extend my sincere appreciation to all the teaching, non-teaching, and support staff for their tireless efforts in ensuring the successful completion of the NAAC accreditation process.

Additionally, the LIC Visit for this academic year was also completed successfully. May we all continue to work together in bringing glory to God and the Humanity.

Dr. Sr. Sagayamary B, SJT
Principal

SOCIAL CONCERN

MEDICINAL GARDEN INAUGURATION

The Eco-Club of St. Aloysius Degee College organized Medicinal Garden Inauguration on 5th June 2024 in the presence of our chief patrons Rev. Fr. Anthony Mahendran, Manager, Dr. Sr. Sagayamary.B, Principal, Rev. Fr. Vinoo Fabian, Vice Principal, Eco Club coordinators and students.

The event began with an inauguration ceremony led by Dr. Sr. Sagayamary.B, who highlighted the significance of the World Environment Day, the necessity of incorporating green practices in our daily lives and emphasized to get back to our roots towards Ayurveda and how important it is to inculcate nature in our daily life.



Inauguration of our Medicinal Garden on World Environment Day (or) Green Beginnings: Environment Day Celebration and Inauguration of the Medicinal Garden



The highlight was planting of medicinal saplings like Rosemary, Parijatham, Brahmi, Adamant Creeper, Garden Sagebrush, and Common rue. Additionally, a seed germination activity was conducted with students to demonstrate the process of germination and the importance of plant growth. The seeds planted were chosen for their ecological benefits and adaptability to the local climate. The event was well-received, leaving a positive impact and setting an example for future environmental initiatives.

Ms. Swathi, Dept of Comp.Science

AWARENESS SESSION ON TRAFFIC RULES

An awareness session on traffic rules was held at St. Aloysius Degree College on October 5, 2024, in the College Auditorium. The event aimed to educate students and staff on road safety and traffic regulations. Rev. Fr. Anthony Mahendran, Manager and Correspondent, inaugurated the session, emphasizing the need for responsible citizenship.

The keynote address was delivered by Senior Traffic Inspector Mr. Raghavendra Prasad, who discussed road safety measures, the importance of helmets and seat belts, and the dangers of rash and drunken driving. His presentation included alarming road accident statistics and practical tips for prevention.

An interactive Q&A session allowed students to clarify doubts about traffic laws. Principal Dr. Sr. Sagaya Mary.B concluded with the vote of thanks, encouraging adherence to traffic rules. The session was an enlightening experience, promoting awareness and responsibility for safer roads.

Ms. Punam Singh, Dept of Hindi

AWARENESS PROGRAM ON ALZHEIMER'S DISEASE



Battling Alzheimer's is a collective effort

Alzheimer's disease causes a decline in memory, thinking, learning and organizing skills over time. It's the most common cause of dementia and usually affects people over the age of 65. An awareness programme on Alzheimer disease was held for B.A. psychology students on 19th October 2024. The programme began with a brief insight and information on Alzheimer disease, its discovery, symptoms, causes etc. by Asst.Prof.Ms.Maria Conceicao, Department of Psychology.

This was followed by screening of a short film 'The Broken Table'. The film revolves around Giridhar, an Alzheimer's patient in his 60's who is also a retired lawyer and caregiver Deepti, a budding Psychologist.

The programme ended with a review of the central themes present in the movie.

Ms.Maria Conceicao, Dept of Psychology

INDUCTION PROGRAM – ITC WOW

The "Introduction to Eco-Club 2024" event was organized by the Eco-Club in association with ITC-WOW on August 28, 2024 that focused on raising environmental awareness among students. The event was graced by Dr. Sr. Sagayamary B, Principal, Rev. Fr. Anthony Mahendran, Manager, and Ms. Srilatha, Program Co-ordinator at ITC-WOW, who was the chief guest and keynote speaker. Professor Swathi K delivered the welcome address, setting a positive tone for



Fostering Growth and Innovation: A Look into the ITC WOW Induction Program

the day. The session introduced the mission and goals of the Eco-Club and encouraged students to participate in environmental conservation.

The Principal Dr. Sr. Sagayamary motivated the students to contribute to campus sustainability by planting trees and medicinal plants. Ms. Srilatha's insightful presentation on

environmental conservation and solid waste management was the highlight. A video on cleanliness drive inspired many students to join the Eco-Club. The event concluded with the ode of thanks by John Thangsiangkhuah, IIBCA.

Ms. Indhumathi D, Dept of Comp.Science

STUDENT COMPETITIONS

CULTURAL INTER-COLLEGIATE FESTS REPORT



Where Talent Meets Tradition: Highlights from Intra and Inter-Collegiate Cultural Events

The college team participated in several cultural fests throughout the year, showcasing their talents and achieving notable success. In **Uttarotsava** (Dec 2023), the team competed and put up good show. In **Scintillation** (Jan 2024), they made a strong impact at the national-level fest and it was good experience for them. At **Yuvtarang** (Mar 2024), the team secured several victories, including 1st place in Mime and 3rd place in Fashion. During **Rhapsody - Excelon-24** (Apr 2024), Billal Ahmed (2 BCA) won 1st place in multiple events, and Maria Sanjana (3 BCom) placed 2nd in Solo Dance, contributing to the team's overall trophy. In **Alchemy** (May 2024), Paul Immanuel (1 BCom) won 1st place in Stand-up Comedy, while Rakshitha (3 BCA) triumphed in Nail Art, both receiving cash prizes. At **Avalenta** (May 2024), the team earned 1st place in Fashion Walk, 2nd in Mad Ads, and 3rd in Duet Dance.

AICUF LEADERSHIP PROGRAMME

The AICUF State Council Leadership Programme, held on August 30th and 31st, 2024, at St. Joseph's College, Hassan, saw the participation of over 100 students, including 8 students from St. Aloysius Degree College. The two-day event focused on self-development and social awareness, with participants engaging in activities like dancing, singing, and group discussions. One of the key discussion topics encouraged participants to reflect on their constitutional duties and responsibilities as citizens. The programme also emphasized developing empathy for the oppressed and marginalized, inspiring youth to become



Empowering Change: A Glimpse into AICUF's Events

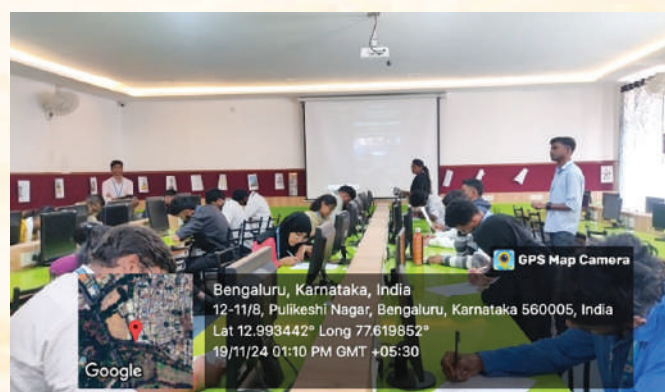
more involved in social issues. These activities helped nurture a sense of spirituality and social responsibility. The event concluded with a validator session, a photo session, and the distribution of certificates, leaving participants with a renewed commitment to personal growth and community service.

Ms. Immaculate, Dept of Commerce

CODING AND DEBUGGING CONTEST

The Department of Computer Applications successfully hosted a *Coding and Debugging* event on the 19th November 2024, in SADC Computer Lab. The event aimed to enhance students coding skills, logical thinking, and debugging expertise, fostering collaboration and innovation.

The program began with an insightful introduction by Mr. Ajo Varghese, Faculty Coordinator, who emphasized the



Unleashing Talent: Highlights from the Coding and Debugging Contest

significance of coding in a computer science graduate's career and its industry relevance. The competition featured three rounds, challenging participants with tasks ranging from basic logic problems to complex algorithmic challenges across multiple programming languages like C, C++, Java, Python, HTML, and CSS.

Among 30 enthusiastic participants, Azeez Abir (II BCA) secured first place, followed by Vishwajeet (II BCA) and Devarishi (III BCA). The event provided an engaging platform for students to refine their technical skills, concluding with inspiration for future explorations in coding.

Mr Ajo Varghese, Dept of Comp. Science

FDP / SEMINAR / WORKSHOP

FINANCIAL AWARENESS WORKSHOP



Workshop on Financial Awareness in our day to day lives

On 3rd July 2024, St. Aloysius Degree College and Post Graduate Research Centre organized a Financial Awareness Program aiming at enhancing the financial literacy of students. The event witnessed active participation from both undergraduate and postgraduate students. The program had expert speakers from the finance sector who shared insights on personal finance management, budgeting, saving, and investing. Topics such as financial planning, the importance of credit scores, and the basics of stock market investments were also covered. Additionally, the students were introduced to digital banking services and how to manage their finances using modern tools and technologies. The program aimed to equip students with practical knowledge and skills that would help them to make important financial decisions in their personal and professional lives. The session concluded with a discussion, where students clarified their doubts and gained valuable advice from the experts.

Ms Fathima, Dept of Comm & Mgmt

ORIENTATION ON CAREER GUIDANCE AND PLACEMENT OPPORTUNITIES

An Orientation program on career guidance and placement opportunities was held at St. Aloysius Degree College on the 15th October 2024 in the College Main Auditorium. The event aimed to prepare students for their career paths and provide insights into effective placement strategies.



Career Guidance & Placements Orientation

The program featured mainly two distinguished resource persons: Mr. Vincent, a renowned career trainer, and Mr. Clement, an expert in placement training. The event was graced by the presence of our Principal Dr. Sr. Sagayamary. B. Mr. Vincent commenced the session by discussing the importance of identifying career goals, enhancing skills, and building a strong professional network. He also highlighted the role of internships in gaining practical exposure. Mr. Clement followed with a session on interview techniques and the significance of developing soft skills. He provided valuable tips for excelling in group discussions and personal interviews.

An open interactive session allowed students to clarify their doubts. The event was well-received, with students expressing gratitude for the practical knowledge shared.

Mr Ajo Varghese, Dept of Comp. Science



BUSINESS EXHIBITION

The Commerce and Management Department of St. Aloysius Degree College, organized a **Business Exhibition** on 19th June 2024. The event witnessed enthusiastic participation from over **200 students**, showcasing their innovative ideas and entrepreneurial skills.

The exhibition featured a variety of creative projects, including business models, marketing strategies, and start-up prototypes. Students displayed a wide range of topics, such as sustainable business practices, technological integration in commerce, and innovative solutions for contemporary business challenges. The exhibition provided students with a platform to apply theoretical knowledge to real-world scenarios, enhancing their critical thinking, teamwork, and presentation skills. Faculty members and guests commended the participants for their originality and dedication. This exhibition served as a valuable learning experience for students, fostering their confidence and



Career Guidance & Placements Orientation

inspiring entrepreneurial aspirations. The Commerce and Management Department's initiative successfully highlighted the importance of practical learning in shaping future business leaders.

Mr. Hemanth, Dept of Comm & Mmgmt

CELEBRATIONS & OBSERVATIONS

WORLD ENVIRONMENT DAY 2024

The World Environment Day was organized by the Eco Club on June 5, 2024. The event began with a welcome address and participated the theme of the year was Land Restoration, Desertification and Drought Resilience. The inauguration of the medicinal garden was highlighted, with medicinal plants explained by Prof. Sunitha, from the Computer Science Department. The Eco Club President, Mr. Shivank (1st BCA), gave a speech.

The college fashion team presented a walk on "Ethical Fashion," showcasing sustainable materials like cotton fabrics, steel bottles, and cloth bags. Vice Principal Rev. Fr. Vinoo Fabian shared his thoughts on environmental protection. The NSS association announced the winner of the photography competition, followed by a skit by the theater team on this year's theme, "Our Land, Our Future." Mr. Aaron (1st BCom) delivered the vote of thanks, and the event concluded with the national anthem.

Ms. Swathi K, Dept of Comp. Science

ST. ALOYSIUS FEAST CELEBRATION

The feast of St Aloysius Feast was held on 21st June 2024, with the celebration taking place at St Francis Xavier's Cathedral and St Aloysius Middle School Campus. The event marked the commemoration of St Aloysius Gonzaga, a patron saint known for his dedication to education and service. The day began with a solemn Mass at the Cathedral, attended by students and faculty and was followed by a series of cultural performances, prayers, and activities at the school campus.



Celebrating the Feast of our Patron - St Aloysius Gonzaga

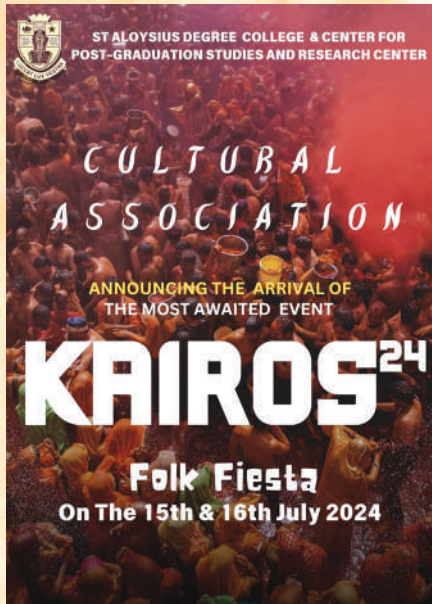
Students actively participated in various programs, including drama, music, and speeches, highlighting the values of St Aloysius. The celebration emphasized faith, community, and the importance of education, bringing together people from all walks of life to honor the life and legacy of the saint. The celebration ended with a lunch for the staff.

Mr. Robin Frank, Dept of Comm & Mmgmt

KAIROS – Cultural Fest

St. Aloysius Degree College hosted its annual cultural fest, *Kairos 2024*, on July 15th and 16th, featuring a wide range of creative activities that showcased student's talent. The event was inaugurated by the college's chief patrons, setting an energetic tone for the two-day celebration.

On-stage events included ice breakers, group dance, group song, fashion walk, and beat boxing, while off-stage activities such as clay modelling, rangoli, cooking without fire, face painting, sketching, and poem writing allowed students to display their creativity. The fest also embraced digital trends



*Unlocking Talents Unlocking Potential -
A Cultural Feast - Kairos 2024*

with online events like photography, short film making, and reels.

A new feature, the *Mr. and Mr. Kairos* competition, combined talent and personality, with participants showcasing their diverse abilities. The fest was smoothly organized by the cultural team, ensuring it was a memorable experience. The participation of

Department of Computer Applications emerged victorious, winning the overall trophy.

Mr. Robin & Ms. Swathi, Cultural Assn

FRESHERS DAY

The Fresher's Day Celebration 2024 was held on 29 August 2024 organized by final year Students to extend a warm welcome to the new batch of students. The event was designed to provide an opportunity for fresher's to showcase their talents, interact with seniors, and build a lasting bonds in a friendly and celebratory atmosphere. The event commenced with a welcome speech, lighting of the lamp, scripture reading and inaugural address by our beloved Principal Dr. Sr. Sagayamary B and Our Manager and Correspondent Rev. Fr. Anthony Mahendran who emphasized the importance of community, academic growth, and collaboration. Following the welcome address, a series of engaging and entertaining activities were conducted: The day witnessed enthralling



Welcoming New Beginnings: A Memorable Freshers' Day Celebration



dance and music performances by senior students that set an energetic tone for the day. Fun and engaging ice-breaker games were encouraged to ensure participation and bonding among the fresher's. The fresher's displayed their diverse talents in singing, dancing, poetry, and other creative arts.

Student Council, SADC

GLOBAL BLACK DAY

On 21st August 2024, St. Aloysius Degree College observed Global Black Day with a powerful 2-minute silent prayer, marking solidarity with the Kolkata rape victim and all victims of violence. The college community wore black ribbons as a symbol of support for the Global Black



Celebrating Strength and Identity: Global Black Day Observance

Movement, a human-led call for justice, safety, and law & order. The movement, which emphasizes peaceful protest, encouraging individuals worldwide to wear black, as a step towards change. It is not a one-day action but an ongoing effort to remind the government's concrete steps for justice. At St. Aloysius, the silent prayers, wearing of black ribbons were a part of this global call to action, ensuring that the voices of those, who demand justice and safety are heard. #GlobalBlackMovement #WeWantJustice #WeWantSafety #WeWantLawAndOrder

Ms. Nirmala, Dept of Social Work

78th INDEPENDENCE DAY

St. Aloysius Degree College celebrated Independence Day on 15th August 2024 with great enthusiasm and patriotic fervor. The event began with the hoisting of the national flag by the Chief Guests, **Dr. Jacob Crasta**, a prominent entrepreneur and philanthropist, and **Mr. Anil Dsouza**, an esteemed social activist along with our Principal Dr. Sr. Sagayamary .B The college quadrangle was adorned with tricolor decorations, creating a vibrant ambiance.



Saluting Freedom: Commemorating the 78th Independence Day with Unity and Pride

The program commenced with a prayer, followed by a cultural extravaganza that showcased the spirit of freedom through dance, skits, and musical performances by students. Addressing the gathering, Dr. Jacob Crasta emphasized the importance of self-reliance and innovation for national development, while Mr. D'Souza highlighted the



significance of unity and communal harmony in preserving the ideals of independence.

The celebration concluded with a pledge to uphold the values of democracy, equality, and justice, reminding everyone to contribute to the nation's progress.

Mr. Baldwin, Dept of English

TEACHER'S DAY CELEBRATION

On September 5th, 2024, St. Aloysius Degree College celebrated Teacher's Day with enthusiasm and respect, marking the birthday of Dr. Sarvepalli Radhakrishnan organized by final-year students, the event honoured the dedication and contributions of the faculty.



Saluting the Pillars of Knowledge: A Heartfelt Teachers' Day Celebration

The program featured cultural performances, including dances, songs, and a light-hearted drama showcasing the teacher's unique traits humorously. Fun activities, such as games and a fashion show, brought joy to the teachers. A tribute ceremony with flowers and awards recognized exceptional educators, while a cake-cutting ceremony added a festive touch.

The event strengthened bonds between students and faculty, fostering respect and motivation. It highlighted the vital role of teachers in shaping individuals and society. The celebration concluded with a vote of thanks and the National Anthem, leaving lasting memories of gratitude and joy.

Student Council, SADC

GANDHI JAYANTHI CELEBRATION

St. Aloysius Degree College celebrated Gandhi Jayanti on **28th September 2024** with profound respect and



Celebrating the Father of our Nation

enthusiasm to honour the legacy of Mahatma Gandhi, the Father of the Nation. The event was graced by the presence of the **Chief Patrons**, **Rev. Fr. Anthony Mahendran**, the Manager of the college, **Dr. Sr. Sagayamary B**, the Principal, and **Rev. Fr. Vinoo Fabian**, the Vice Principal.

The program began with a floral tribute to Mahatma Gandhi's portrait, followed by a prayer invoking peace and non-violence. In their addresses, Rev. Fr. Anthony Mahendran highlighted the relevance of Gandhian principles in modern times, Dr. Sr. Sagayamary B encouraged students to emulate Gandhi's values of simplicity and self-discipline, and Rev. Fr. Vinoo Fabian emphasized communal harmony and service to society.

Mr. Baldwin, Dept of English

INVESTITURE CEREMONY 2024-2025

On 26th October 2024, St. Aloysius Degree College celebrated its Annual Investiture Ceremony, marking a momentous milestone in empowering the student leadership team for the academic year 2024-2025. The ceremony was graced by distinguished guests: Dr. B.S. Ponmudiraj Advisor, NAAC as the Chief Guest, Rev. Fr. Anthony Mahendran, Manager,



Student Council Investiture Ceremony - 2024-25

Dr. Sr. Sagayamary B, Principal, and Rev. Fr. Vinoo Fabian, Vice Principal.

The event commenced with the traditional lighting of the lamp, the newly elected student's council, including President Kishore S, Vice-President Ajay P, Secretaries, and Association Heads received their badges and sashes. The Principal administered the Oath, where the council members pledged to uphold the institution's values. Dr. Ponmudiraj delivered an inspiring speech, emphasizing leadership, teamwork, and commitment to excellence. The ceremony concluded with the National Anthem, leaving the Aloysians motivated and be proud of the college's commitment to developing future leaders.

Student Council, SADC

69th KANNADA RAJYOTSAVA

On November 6, 2024, St. Aloysius Degree College celebrated the 69th Kannada Rajyotsava with great enthusiasm. The event was inaugurated by the Chief guest, Mrs. Jayashree Raju, poet, in the presence of the College Principal and Administrators. The program began with



Observance of the 69th Kannada Rajyotsava

the Naadagite (State Anthem), and Dr. M.S. Itigi, Kannada Professor, warmly welcomed all the guests. College Manager Fr. Anthony Mahendran delivered a speech on "Kannada Naadu Nudi", highlighting its heritage and importance. The Principal wished everyone and encouraged to learn the state language. The Chief Guest, Mrs. Raju, spoke on the antiquity, literature, and uniqueness of Kannada, inspiring pride in the language. Cultural performances included a traditional dance by Nanda, a cultural dance by B.Com students, and Kannada songs by Don Bosco and his team. Certificates and awards were presented to winners of cultural events and top Kannada scorers. Sneha, a first-year BCA student, delivered the vote of thanks, and the event concluded with the National Anthem.

Dr. Itigi, Dept of Kannada

SUICIDE PREVENTION DAY

Awareness programme on suicide prevention were held for the students of the College by the Department of Psychology. On the 13th of November, the programme began with a welcome address and a brief introduction about suicide and its causes by Asst. Prof. Ms. Maria Conceicao, Department of Psychology.



Observance of the 69th Kannada Rajyotsava

This was followed by a mime by the 2nd year B.A, Psychology students. The mime showcased some of the adolescent problems that could lead to suicide. The programme concluded with Ms. Maria emphasizing on the importance to raise awareness about reducing the stigma and encouraging open conversations to prevent suicide.

On the 13th, poster making competition was held for the college students on the topic – Suicide prevention. On the 15th of November 2024 two competitions were held which are essay writing on the theme; Importance of reducing stigma and encouraging open conversations to prevent suicide and second being face painting on the theme - Hope.

Ms. Maria, Dept of Psychology

TRIBUTE TO FORMER C.M. MR. S.M. KRISHNA

A tribute was paid to former Chief Minister Mr. S.M. Krishna on 11.12.2024 at St. Aloysius Degree College, held at 12:30 pm (College Reception). Divya, a student from 3rd BCA, began the ceremony by reading a brief account of Mr. S.M.Krishna's life and contributions. Following this, Fr. Antony Mahendran, the Manager of the college, prayed for



Honoring Legacy: A Tribute to SM Krishna's Enduring Contributions to Indian Politics

the repose of the soul of Mr. S.M.Krishna. The ceremony concluded with Principal Dr. Sr. Sagayamary and Staffs of the college paying tribute by offering flowers on the photo of the former CM as a mark of respect. This solemn occasion reflected the institution's admiration for Mr.S.M. Krishna's legacy and leadership. It was an emotional moment for the college community, as they paid their respects to a figure that made significant contributions to the state and the nation.

Mr. John Jesai, Dept of Social Work

CONSTITUTION DAY

Constitution Day, or Samvidhan Divas, is observed on November 26th every year in India to commemorate the adoption of the Indian Constitution in 1949. The day



honors the vision and efforts of the Constituent Assembly members, especially Dr. B.R. Ambedkar, the principal architect of the Constitution. Enacted on January 26, 1950, the Indian Constitution serves as the foundation of the nation's democratic framework, embodying core



Honoring Legacy: A Tribute to SM Krishna's Enduring Contributions to Indian Politics

values such as justice, equality, liberty, and fraternity. It ensures social, economic, and political justice, promotes equal rights for all, protects individual freedoms, and fosters unity and brotherhood among citizens. Constitution Day reminds us of these principles, promoting awareness about the Constitution's role in safeguarding democracy and unity. The day was marked by activities such as reading the Preamble by staff and management, organizing discussions, and reflecting on constitutional values to reaffirm commitment to nation-building and upholding the rights and duties of every citizen.

Mr. Harish, Dept of Comm & Mmg

ADVENT PRAYER SERVICE

Advent is the four week period in preparations for the celebration of the birth of Jesus Christ. Each week of advent focuses on a different theme: hope, peace, joy and love. Advent was observed in the college with a special advent prayer service during which a candle was lit each week to mark the theme of the week. The lighting of the candles during the advent celebration was done by Fr. Anthony Mahendran, Dr.Sr.Sagayamary, Fr.Vinoo Fabian, and Dr.Karan Alistair.

The prayer service provided an opportunity for the staff and students to come together to reflect on the spiritual



Spiritual Renewal: Embracing the Season at the Advent Prayer Service

significance of the season as they prepared themselves for Christmas.

Ms. Maria, Dept of Psychology

SPORTS AND NCC EVENTS

SPORTS INTRA/INTER COLLEGIATE EVENTS

• Representing BNU

St. Aloysius Degree College celebrates the remarkable achievements of its students in sports during 2024-25. Mbuya Kalulwa Remy, a 2nd B.Com student, represented Bengaluru North University in basketball at Christ University. Syed Niyaz Ahmed and Mohammed Z. Huzaifa, 3rd BBA students, competed in wrestling at Guru Kashi University. Bimal Thapa and Rayan Roshan, both B.Com students, showcased their talent in cricket at Madras University. Their performances reflect dedication, skill, and commitment to their respective sports.

• Participating in various colleges

St. Aloysius Degree College had an impressive participation in multiple sports events in 2024, demonstrating the talent and dedication of its athletes. The college competed in the KJC Cup, BNU Basketball Tournament, BNU Inter-Collegiate Cross Country, Wrestling Competition, and BNU Athletics Meet, showcasing strong teamwork, endurance, and skill across various disciplines. Athletes from the college earned accolades for their performance, with notable achievements in basketball, wrestling, and athletics. These events highlighted the college's commitment to excellence, fostering a spirit of healthy competition and providing valuable experiences for its sports teams.

Mr. Manivannan, Dept of Phys.Education

NCC EVENTS

• PRCN Course

Name: Manivannan.S

Rank: Lieutenant

Institution: St. Aloysius Degree College

The Pre-Commissioned Training Course (PRCN) at OTA Kamptee, held from 29th July to 9th October 2024, was a comprehensive program designed to transform officer cadets into capable leaders for the NCC Army wing. The course focused on physical fitness, military tactics, leadership development, and operational proficiency. As Senior Under Officer (SUO), it was my privilege leading the Passing Out Parade (POP), and marking the successful completion of our training. The program included physical fitness tests, firing practices, map reading, and military drills, ensuring cadets were well-prepared for officer responsibilities. The POP symbolized the transition from cadet to commissioned officer, celebrating the discipline, teamwork, and leadership developed during the course.

• NCC Camps - 2024

The NCC cadets of St. Aloysius Degree College participated in three NCC camps in 2024, each providing invaluable experiences and training. The first NCC CACT Camp, held from 6th to 15th June 2024 at Manipal Academy, Yelahanka, Bangalore, offered a unique opportunity for cadets to engage in a tracking camp, visit the Air Force Station and Police Training Center. These visits gave the cadets exposure to diverse career opportunities in defense and law enforcement.



Building Leadership and Discipline: A Glimpse into NCC's Remarkable Journey

The second NCC CACT camp, held from 6th to 15th October 2024 at the Air Force Station in Jalahalli, Bangalore, emphasized leadership, discipline, and teamwork. Cadets participated in physical training, drill practices, adventure sports, and attended sessions on national security and disaster management. Cultural programs allowed cadets to display their talents. Senior NCC officials visited the camp, inspiring the cadets to excel and continue their NCC journey.

The third NCC CACT Camp, held from 18th to 27th November 2024 at the Air Force Station, Jalahalli, Bangalore, followed a same format, with a continued focus on mastering leadership and physical endurance. Cadets were engaged in practical activities, along with classroom sessions that enriched their understanding of national issues.

Lt. Manivannan, Assc. NCC Officer

NSS CAMPUS CLEANING DRIVE

The NSS Unit of St. Aloysius Degree College and Post Graduate Research Centre organized a successful campus cleaning drive on November 23, 2024. The event saw the enthusiastic participation of 50 students from various streams of the college. The drive aimed to promote cleanliness and environmental awareness while contributing to campus maintenance. Students were divided into teams and assigned specific areas, including classrooms, corridors, and outdoor spaces. Equipped with cleaning tools and guided by faculty coordinators, the students worked diligently to remove litters, clean surfaces, and organize common areas. The initiative fostered a sense of responsibility and teamwork, highlighting the importance of a clean and green environment. NSS Coordinators Ms. Maqura Fathima and Mr. Varun expressed their gratitude to the participants and encouraged them to continue promoting sustainable practices. The Cleanliness Drive concluded with a reflection session, where students shared their experiences and pledged to uphold cleanliness in their daily lives.

Ms. Fathima, NSS Coordinator

SOCIAL WORK OUT REACH PROGRAMS



St. Aloysius Degree College actively engaged in various social work initiatives throughout 2024, demonstrating its commitment to community welfare and social development.

- On **December 3rd, 2024**, students participated in **World Disability Day** at Chikkaballapura, organized as part of Human Rights Awareness Week. Coordinated by the District Empowerment Centre for Disabled and Senior Citizens, the event included dignitary speeches, lamp lighting, and a cultural program. The students, guided by faculty members Asst. Prof. John Jesai and Asst. Prof. Varun Chakravarthy, contributed significantly to the success of the event.
- On **December 4th, 2024**, the college organized a **drawing competition** for students of MEG School, Dhoddigunda, themed around **Environment Protection**



Making a Difference: Outreach Program by the Social Work Department

and **Classroom Discipline** in observance of Human Rights Day. The competition encouraged students to creatively address key issues like pollution and waste management. The event also included a talk on human rights and social work.

- The **PG Social Work Students** launched a “**Wealth from Waste**” project, where they transformed waste bamboo into functional items like benches and plant stands. This initiative promoted sustainability and environmental consciousness while demonstrating the students' creativity and resourcefulness.
- In **June 2024**, the **Rural Camp - Prerana 2024** was held at Yarappanahalli Government School. The five-day camp focused on community service and environmental initiatives. Students engaged in activities such as teaching, Shramadan, medical camps, tree planting, and conducting village surveys. The camp concluded with a valedictory program, leaving participants with valuable learning experiences in social service, community involvement, and environmental awareness.

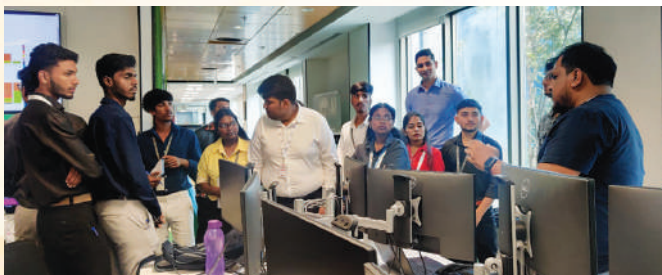
Social Work Dept. Staff

INDUSTRIAL VISITS

NASSCOM TRAINING – INDUSTRIAL EXPOSURE

The **NASSCOM Corporate Training Session** was organized on 24th October 2024 for the final-year students of St. Aloysius Degree College. The session was hosted at the premises of IG-Financial Services Company and aimed to equip students with essential industry insights and practical skills in trading, investments, and emerging digital technologies. The primary goal of the session was to bridge the gap between academic learning and industry requirements. It provided students with exposure to various career opportunities in domains such as Trading and Investments, Data Sciences, Cloud Computing, Blockchain Technologies Other Emerging Digital Technologies.

The session commenced with an overview of IG-Financial Services, focusing on its global presence, core business functions, and technological advancements in the financial sector. The experts from IG-Financial Services conducted interactive sessions, sharing their experiences and explaining the significance of trading and investment platforms. They also discussed real-world applications of data sciences, cloud computing, and block chain technology. Students participated in live demonstrations and simulations related to trading and investment.



Bridging Theory and Practice: Key Takeaways from the Industrial Visit

The Session was a valuable initiative for final-year students, providing them with a platform to explore various career paths and develop skills aligned with industry demands. The collaboration with IG-Financial Services Company ensured that students gained practical exposure to cutting-edge technologies, preparing them for future challenges in the corporate world.

Dr. Karan, Dept of English

B.COM & BBA - INDUSTRIAL VISIT

On 21st October 2024, B.com and BBA students were taken on an industrial visit to a sugar factory in Madhur, organized and guided by Prof. Immaculate and Prof. Hemanth. The visit provided students with a comprehensive understanding of the sugar manufacturing process, from the initial crushing of sugarcane to the final stages of refining and packaging. Students had the opportunity to witness the advanced

machinery used in the factory and learn about the various stages of production, including the extraction of juice, boiling, and crystallization.

Prof. Immaculate and Prof. Hemanth explained the economic significance of the sugar industry, its challenges, and its impact on the local economy. Students also gained insights into sustainability practices and waste management techniques adopted by the factory. The visit was highly informative, offering valuable real-world exposure that complemented their academic learning, and sparked discussions on industrial operations and management.

Ms. Fathima, Dept of Comm & Mngt

KANNADA DEPT – INDUSTRIAL VISIT

The second-year BA students organized an educational tour to Shivagange Hill as part of their studies on Indian history and culture. The primary objective of the tour was to explore and understand the historical, religious, and natural significance of Shivagange Hill. The students departed from the college early in the morning and travelled to Shivagange Hill by bus. The hill's height and the surrounding natural beauty made a striking first impression on the students. Upon arrival, the students began to explore the historical significance of Shivagange Hill under the guidance of their lecturers. Through this tour, the students gained valuable insights into the historical background of Shivagange Hill, its inscriptions, exquisite architectural styles, and the significance of local legends.

The visit to Shivagange Hill provided the students with both academic and personal learning experiences. It demonstrated the importance of exploring cultural and historical landmarks beyond textbooks, offering an immersive and meaningful educational opportunity.

Dr. Itigi, Dept of Kannada



NAAC PEER TEAM VISIT – 2024

The NAAC Peer Team Visit for the Second Cycle of Accreditation was scheduled at St. Aloysius Degree College, Bengaluru, on 25th and 26th September 2024. The peer team included Chairman Dr. Karamjeet Singh, Member Co-Ordinator Dr. Jugal Kishore Mishra, and Member Dr. Ashok Kumar, with Prof. Prashant P. Parhad as the NAAC Co-Ordinator.



During the visit, the team reviewed the college's academic and administrative processes, infrastructure, and best practices. The Principal, Dr. Sr. Sagayamary B, presented the comprehensive College Presentation, highlighting achievements, initiatives, and future plans.

The visit concluded with exit meeting and the college being awarded a **B+ Grade** with a **CGPA of 2.71** on a scale of 4, recognizing its commitment to academic excellence and holistic education. This milestone is a testament to the collaborative efforts of the management, staff, and students in fostering an environment of learning and growth.

Mrs. Zeena Lobo & Mr. Hemanth,
Dept of Comm & Mmgt

ST. ALOYSIUS INSTITUTION'S 125 YEARS CELEBRATION

The 125th Jubilee Celebration of St. Aloysius Institutions was held on December 7, 2024, marking a historic milestone in the institution's journey that reflected on the rich legacy of academic excellence and values upheld by the institution over the years.

The Entire Celebration was Co-Ordinated by the Managers – Rev Fr. Dinesh Amarnath and Rev.Fr.Anthony Mahendran, Dr. Sr. Sagayamary.B and Rev. Fr. Vinoo Fabian along with the heads of the Aloysius Institutions. The Archbishop of Bangalore Most Rev.Dr.Peter Machado graced the celebration and applauded the services done in the institutions and appreciated the entire team behind the 125 Celebrations.

The institution on this important day honored Fr.Prashanth Madha SJ for receiving the Dajji Dubai literary Award that will be conferred in 2025 and was conferred the Kannada Rajyotsava Award for his contribution to Kannada literature. It was a sincere initiative from St. Aloysius Degree College to honor the achievement of Fr Prashanth Madha. A Special jubilee souvenir was unveiled by Our Archbishop Most Rev. Dr.Peter Machado and the other dignitaries on the Dias to commemorate the event, highlighting the institution's history, achievements, and vision for the future.

Dr. Karan, Dept of English

The following events are organized in preparation for the Jubilee,

- Jubilee Sports Fest 2024-25**

The Jubilee Sports Fest 2024, organized by St. Aloysius Educational Institution from November 4th to November 9th,

was a thrilling display of athleticism and sportsmanship. The event featured four major sports: Women's Throwball, Men's Basketball, Men's Cricket, and Men's Football, bringing together students from various colleges.

The Women's Throwball competition saw BMS College emerge victorious, defeating St. Joseph's University in a closely contested final. In Men's Basketball, St. Joseph's University claimed the championship after an impressive performance against St. Aloysius Degree College. The



125 Years of Triumph: A Spectacular Showcase at the Jubilee Sports Meet

Men's Cricket final was won by SMS Jain College, who triumphed over Charan's Degree College, while in Men's Football, Kristu Jayanti College secured the title, defeating St. Aloysius Degree College.

The event successfully promoted sportsmanship and camaraderie, with exciting competitions and memorable moments for both participants and spectators, solidifying its reputation as a premier college sports festival.

Lt. Manivannan, NCC Coordinator

• Movie Screening for Jubilee Celebration

Movie Screening for St. Aloysius Institutions Celebration of 125 Years Jubilee

As part of the 125th Jubilee celebrations of St. Aloysius Institutions, St. Aloysius Degree College's Computer Science Association hosted a movie screening event on November 21st and 22nd 2024 held at the PG Seminar Hall. The event aimed to entertain and inspire UG and PG students. The event was graced by the presence of esteemed patrons Rev. Fr. Antony Mahendran Manager, Dr. Sr. Sagayamary B principal and Fr. VinooFabian vice principal.

Spanning two days, the screenings took place from 9:30 AM to 12:00 PM, attracting a large audience. The curated movies offered a blend of educational and cultural value. Snacks were provided to the students during the screenings ensuring a lively and enjoyable atmosphere. Additionally the funds raised from the event were generously donated to support various initiatives and activities planned for the institution's 125th year celebrations, marking another meaningful contribution to this significant occasion.



Lights, camera, action!

Ms. Indhumathi D, Dept of Comp.Science

• 125 Years Food Fest

The Food Fest 2024 took place on 23rd November 2024 at the Degree College Drive-way. This vibrant event was organized to raise funds for the upcoming 125th Jubilee celebration, scheduled for December 2024. The food fest attracted a large crowd, with numerous stalls offering a wide



125 Years of Culinary Delights:

A Memorable Experience at the Jubilee Food Fest

variety of food, drinks, and entertainment options. Attendees enjoyed delicious treats and participated in fun activities, all while supporting the upcoming milestone celebration. The event successfully brought together the community in a lively atmosphere, with everyone contributing to the fund-raising cause.

The following are few of stalls:

Stall Name	Category
Sandwich	Food
Mocktails	Beverages
Tattoo	Entertainment
Sinju Chat	Food
Chicken Kabab	Food
Juke Box	Entertainment
Burger & Rolls	Food
DJ-Disco	Entertainment
Beef Sheek Kabab	Food
Chat Centre	Food
Sharbath & Custard Milk	Beverages
Hyderabad Biryani	Food
Scary House	Entertainment
Chicken Cafreal	Food
Games (Hoopla, Free-fire)	Entertainment

Robin Frank, Dept of Comm & Mmg

CHRISTMAS OUTREACH PROGRAM

Each Department had a separate Christmas Outreach programs are as follows:

The Department of Humanities organized an outreach program at Infant Jesus Charity Home by spending time with the young children at the home. The BA students sang Christmas carols to bring in the season of joy and happiness among all the children and by sharing books, stationery necessary items for the students. The staff Ms.Maria, Dr.Karan & Mr.Baldwin accompanied the students and spent quality time with the young children.

On 14th December 2024, students and faculty from Department of Computer Applications visited Santhosh Charitable Trust in Bengaluru, interacting with orphaned children and contributing donations of toiletries and funds. The program included a prayer, Christmas songs, and games, emphasizing the spirit of sharing and community service.

In a similar festive spirit, the Social Work Department visited Gunella Preethi Nivas, an old age home in Geddalahalli, where



Sharing Blessings and Cheer: A Heartwarming Christmas and Outreach Program

they organized a variety of activities, including performances and games, for the 54 elderly residents. The students and staff distributed gifts like soap boxes and shampoos, spreading cheer and fostering meaningful connections. The elderly residents expressed deep gratitude for the visit, reinforcing the importance of care and companionship.

Additionally, on December 23, students and staff from the B.Com and BBA departments visited Jerome Old Age Home, distributing essential rations and offering emotional support to the elderly residents. This outreach not only provided material aid but also fostered companionship and uplifted the spirits of the senior citizens. All four programs highlighted the college's commitment to community service..

Academic Departments of SADC

CHRISTMAS CELEBRATION FOR THE STAFF BY THE MANAGEMENT

The Christmas celebration at St. Aloysius Degree College was held on December 21st, 2024, and was a heartwarming and joyous celebration that brought together the entire college management and staff. The celebration was a testament to the spirit of togetherness and festive cheer that defines the institution.

The highlight of the celebration was the Secret Santa gift exchange, which added an element of excitement and surprise to the gathering. Staff members enthusiastically participated in the tradition, exchanging thoughtful gifts that symbolized the bond and camaraderie among the team. The joy of unwrapping gifts and the laughter shared during the exchange created an unforgettable experience.

The management's initiative to organize this celebration was deeply appreciated by all present. Their gesture not only spread the festive spirit but also reinforced a sense of unity and belonging within the college community.

The Christmas celebration concluded on a joyful note, with everyone sharing warm smiles, good wishes, and cherished moments. It was an event that encapsulated the values of love, sharing, and happiness, leaving everyone with lasting memories of a delightful Christmas.

Dr. Karan, Dept of English



Sharing Blessings and Cheer: A Heartwarming Christmas and Outreach Program

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